



# Dental Health & Education

## Policy Statement

*NBCA promotes educational dental health programs and encourage oral/dental hygiene practices.*

### Implementation

- Drinking water is available to children at all times throughout the day, and encouraged to drink water after their meals as part of their overall health and wellbeing in relation to dental care.
- Children will be encouraged to drink any bottles before they go to bed or rest. However, if a child needs to have a bottle in bed to help settle for sleep, a staff member will supervise this. The bottle will be removed once the child has finished drinking or has fallen asleep. This is not a desired practice, and will only occur through transparent relationships with families, ensuring the best interests of children.
- As general practice children will not be provided with sweetened or flavoured milk, fruit juice or cordial. However, from time to time there may be a special project, event or circumstance where it will be offered in minimal quantities, with approval from the director.
- In the case of a damaged or knocked out tooth, staff will contact a family member immediately and administer First Aid.
- Dental health will be discussed with children and incorporated into children's programs.
- Any mouth injuries will be monitored and families will be encouraged to seek professional dental advice.

### Policy Links

Policies:

- Incident, Injury, Trauma and Illness
- Nutrition
- Programs and Documentation
- Sleeping, Rest and Relaxation

NQS: 1.1, 2.1 and 6.1

Regulations: 76 and 78 - 80

Sources:

- [www.health.act.gov.au](http://www.health.act.gov.au)
- Staying Healthy: Preventing infectious diseases in early childhood education and care services (5<sup>th</sup> edition) 2013



## Policy Document Status

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